

**JULY 02**

Patron HRH The Princess Margaret (1973-2002)

President: The Countess of Dalkeith Chairman: Sir Malcolm Macnaughton

ARRIVALSWe welcome **Professor John Connell MD, FRCP (Glas), FRSE, FmedSci.**

Chairman of the National Scientific Advisory Committee, who has succeeded Professor Jim Shepherd.

John Connell is Professor of Endocrinology at the University of Glasgow and Honorary Consultant Physician in Medicine and Endocrinology at the Western Infirmary, Glasgow.

He graduated in medicine from the University of Glasgow in 1977 and received initial postgraduate training in Stobhill Hospital and the Western Infirmary, where he completed his research for the degree of MD into the treatment of thyroid disease. Thereafter, he was a Clinical Research Fellow in the MRC Blood Pressure Unit, and spent a year in Melbourne, Australia, as an MRC Travelling Fellow investigating regulation of adrenal steroid synthesis. In 1987 he was appointed Senior Clinical Scientist in the MRC Blood Pressure Unit and Honorary Consultant Physician in the Western Infirmary. In 1994 he was made Honorary Professor in Medicine and in 1996 became Professor of Endocrinology in the University of Glasgow. He remains active in clinical endocrinology with particular interests in pituitary and adrenal disease.

John Connell is Head of the MRC Blood Pressure Group and has active research interests in genetics of hypertension, adrenal steroid synthesis and vascular biology.

He has been an invited Lecturer in Australia (been the Visiting Professor of the High Blood Pressure Council in 1994), and America (Richard Underwood Lecturer, Harvard University, 1999). He was the Croonian Lecturer, Royal College of Physicians, in 2000. He is a Fellow of the Royal College of Physicians of Glasgow, the Royal College of Physicians of Edinburgh, the America Heart Association, the Academy of Medical Sciences and the Royal Society of Edinburgh. He is currently Honorary Secretary of the Association of Physicians of Great Britain and Ireland. He is married with four children.



Professor David M Reid is the Grampian Regional Member of the National Scientific Advisory Committee

Professor David M Reid holds a personal chair of Rheumatology at the University of Aberdeen. He graduated in 1975 from the University of Aberdeen. After initial medical post-graduate training in Aberdeen in 1979 he moved to Edinburgh as a Lecturer in Rheumatology. There he worked under the guidance of Professor George Nuki where he developed his research interests in the assessment of bone mass and the effects of corticosteroids on bone. He returned to Aberdeen to complete his general medical and rheumatology education in 1983 and was subsequently appointed as a Consultant Rheumatologist in 1986. This post was part funded by then Arthritis Rheumatism Council to develop undergraduate teaching at the University. He moved back into the academic field in 1996 as a Senior Lecturer and was promoted to Reader in 1997 and Professor in 1999.

He has nearly 200 original papers and reviews, largely on his current research interests which include the utility of bone mass assessment, assessment of risk of fracture, secondary osteoporosis and the assessment of long-term disease activity and drug adverse effects in rheumatic diseases.

He is currently the treasurer of the UK National Osteoporosis Society (NOS) and has taken the lead in the NOS statements on the Utility of Quantitative Ultrasound, published in 1998 & 2001, and a National Guidance document on the Prevention and Management of Corticosteroid Induced Osteoporosis in 1998. This latter document is currently being updated and will be published as a guideline in early 2002.

In his "spare" time he is a keen football supporter, despite the disappointments of following Aberdeen FC, and has recently become interested in running in the mistaken belief that this "prolongs active life". He completed the London Marathon in 1999, 2000 and 2001 running for the NOS. He is a keen "caravaner" and is encouraged by his wife to be an enthusiast in the garden, although only potatoes and occasionally leeks seem responsive to his efforts.

Dr Niall D C Finlayson OBE, President of the Royal College of Physicians, has recently joined the Edinburgh Regional Committee.

Dr Niall Finlayson is a Consultant Physician with a special interest in gastroentestine and liver diseases at the Royal Infirmary Edinburgh and he is the President of the Royal College of Physicians of Edinburgh. Dr Finlayson has worked at the Royal Infirmary Edinburgh since 1973, where he has had continuing clinical responsibility for inpatients and outpatients



and has contributed to emergency and elective patient care. He has had a particular responsibility for developing gastroenterology and liver services at the Royal Infirmary and, in particular, the establishment of the Scottish Liver Transplant Unit, which has carried out liver transplantation since 1992. Dr Finlayson has been involved in clinical research and has published approximately 90 papers in his area of special interest and, in addition, he is the author/editor of a major specialist text on gastrointestinal and liver diseases.

Dr Finlayson has taken an active interest in the Royal College of Physicians of Edinburgh since the time of his appointment to the Royal Infirmary and he has served on Council as an elected Council member, as well as holding the posts of Registrar (with responsibility for examinations), Vice-President and currently President. During this time he has been involved with the Federation of Medical Royal Colleges and the Academy of Medical Royal Colleges and Faculties of the United Kingdom. He was awarded the OBE for Services to Medicine in Scotland.

Professor Ross Lorimer, MD PRCP, DUNIV, FMed Sci, FRCP is a member of the Strathclyde Committee.

Professor Lorimer is currently President of the Royal College of Physicians and Surgeons of Glasgow. He graduated from medicine in the University of Glasgow in 1960. After House Officer jobs at Glasgow Royal Infirmary he spent two years as a Research Fellow in Nuclear Medicine and Biophysics in Vanderbilt University, Nashville, Tennessee. He then returned to continue his clinical training in general medicine and cardiology. He was appointed as Lecturer in Medical Cardiology and then Consultant Physician and Cardiologist at the Glasgow Royal Infirmary in 1972. His particular research interests have been in the area of coronary heart disease and hypertension. His long standing interest in the role of cholesterol in the aetiology of coronary disease led to his participation in the West of Scotland Coronary Prevention Study (WOSCOPS) which demonstrated conclusively that the reduction in cholesterol was beneficial in preventing subsequent coronary disease. His MD thesis was cigarette smoking, lipolysis and coronary heart disease.

The Royal College of Physicians and Surgeons of Glasgow is unique in the United Kingdom in that it has as members and fellows physicians and surgeons and dentists. College has a role in setting and maintaining standards for these specialties. The work of the President involves the co-ordination and integration of these activities at local, national and international levels.



Grant Applications

Two years ago the National Committee, after consultation with the Chairman of the National Scientific Advisory Committee, agreed to make changes in the procedures dealing with Grant Applications. Rather than accept applications throughout the year, which were then considered ad-hoc, it was decided to set two closing dates, namely 15th May and 15th November. Under this arrangement the Independent Scientific Advisory Committee were now in a position to grade the applications by Region. It was felt that when funds were low in any Region, the local Committee could then allocate their limited resources accordingly.

The lay members of the Tayside Committee had for many years enjoyed the advice and guidance received from a strong local Scientific Membership on their Committee and it was agreed that where necessary the other three Regional Committees would also strengthen the medical membership on their committee.

Despite the odd teething problem, we can report that the new system seems to be working successfully. So many pieces of research work, for which the researcher is seeking our support for a grant of up to £10,000, or part thereof, have become increasingly difficult for the lay members to fully appreciate and the broader medical expertise now available at local level, is already proving helpful.

It will be seen from the 34th Annual Report, that fiftysix Grant Applications, valued at just over £730,000, were received and reviewed by the National Scientific Advisory Committee.

The demands being placed on the charity for funding by researchers has escalated over the last year and at a time when our income, like the stock market, has fallen for the first time in a number of years.

The 34th AGM was held on Monday 8th July at 1.00pm in the Royal College of Physicians and Surgeons, 234 St. Vincent Street Glasgow.

NEWS FROM THE REGIONS

Edinburgh

On **Thursday 19th September 2002**, the Edinburgh Committee offers you a unique opportunity to come to the new Edinburgh Royal Infirmary at Little France and view some of the facilities at this ultra modern hospital complex, which is a centre of excellence in the



medical field. You are invited to join us in the Academic Centre from 6 pm onwards for wine and nibbles. This will be followed approximately at 7 pm by some short presentations by key medical research personnel. Thereafter there will be a chance to walk through those parts of the hospital, which are functioning.

The cost is £5 a head and applications for tickets should be made to the Regional Secretary on the Ticket Order form contained within this newsletter. Early application is advisable for an historical evening with a difference. Directions on how to find the Academic Centre will be issued with the tickets.

Paisley

Despite the atrocious weather, the Arran Cycle Run took place, although the numbers were down on the previous year. The appalling headwinds almost proved too much for our stalwarts, but we can report that all heads (and somewhat bedraggled bodies) were accounted for by the evening.

Once again we took part in the Paisley Festival with a well stocked Bottle Stall and face painting, which proved particularly popular. The Committee are to be congratulated on their efforts, which raised £649.05.

Strathclyde Ladies Committee

The Strathclyde Ladies' Committee held a very successful Spring Luncheon in The Royal College of Physicians and Surgeons, Glasgow on 6 June, 2002. The guest speaker was The Honourable Lady Cosgrove who gave a very interesting and excellent talk, which allowed the guests an insight into her career as the first lady High Court Judge. She also informed the audience that she was the daughter-in-law of one of the founder members of Tenovus in 1967. Prof. Sir Malcolm Macnaughton chaired the luncheon and in his introduction gave a very clear and succinct explanation of the workings of Tenovus. The tickets were sold out well in advance and the profit from the day was £3000 A superb effort by the Ladies Committee and our thanks to the donors of Raffle Prizes.

Tayside

The Bridge Event in March was acknowledged once again as a huge success, enjoyed by everyone, and, although our venue accommodates only 24 tables which are always in demand, there was an overall net profit of £682.

Fashion Show/Lunch also held in March was a total sell-out, with a net profit of over £2,400.



The fashion outfits, modelled so elegantly and supplied by Patricia Forbes of Broughty Ferry, were voted a great success. The colour scheme, table decorations, and decorated catwalk, all arranged by the Ladies' Committee, were greatly admired and contributed to the success of the event. The time, assistance and efforts donated by others certainly ensured an enjoyable Show, and Tenovus Tayside are extremely grateful to everyone involved.

A Youth Ball for 14-17 year-olds was held in the Reid Hall, Forfar attended by over 200 young people. The event was organised by Lynne Fleming, a former member of the Tayside Ladies Committee and a group of seven mothers, who make up The Ball Committee. The evening was a great success and raised £2150. Congratulations and 'thank you' for introducing Tenovus Scotland to a younger generation.

Dates for the Diary

Edinburgh - Date to be finalised, September '03 - Wine Tasting

Grampian - 6th September '03 - Lisa Milne Concert

Strathclyde - 4th June '03 - Lunch in The Royal College of Physicians & Surgeons Glasgow

Tayside - Autumn '03 - ACT IV
5th December '03- Annual Dinner
Spring '04 - At Home Evening

For further details please contact the Regional Secretary.

NB : If you would like to receive an illustrated version of the newsletter, Nusovus, published twice a year and a copy of the Annual Report & Accounts, please write to the General Secretary, or send an e-mail to gen.sec@talk21.com with your name and full mailing address.

